

Bicycle Race Challenge



Although there are cars in Uganda, many people only have a bicycle. This keeps them fit, but it is hard work to cycle on pot-holed roads. Can you design and build an obstacle course around your school playground and have a bicycle day at school? Perhaps you could time how long each of your friends takes to complete the circuit. Can you beat your own time?

National Curriculum Programme of Study

KS2 Sports and games PE2/1.1e take part in outdoor and adventurous activity challenges both individually and within a team

PE2/1.1f Compare their performances with previous ones and demonstrate improvement to achieve their personal best.

Useful Resources

Bicycles, safety helmets, cones, chairs or other obstacles.

